

HEALTH AND WELLBEING

Evidence-based consulting for hospitals, residential care homes and healthcare facilities

How can we measure the wellbeing of staff and patients in healthcare facilities? How can a social performance indicator tell us whether people's wellbeing is really central to our buildings and processes?

These questions can only be answered as part of a real estate ESG assessment. And the importance of human health and wellbeing in relation to corporate, process and organizational culture is constantly increasing.



Certainty
 > Empirical evidence-based decision making



Health and wellbeing
 > Measurable health and wellbeing



Cost-efficiency
 > Measurable successes, scientific methods and economical use

What is the state of health and wellbeing of your employees/patients?

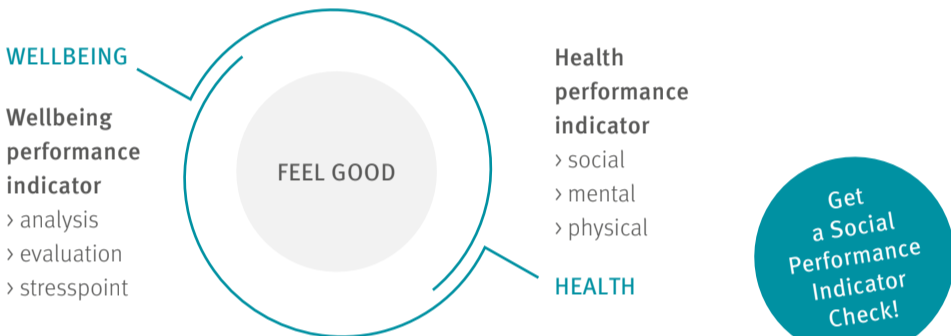
- > What are the parameters that show me whether users feel comfortable in rooms and to what extent they promote health?
- > How can I improve health and wellbeing in a targeted way?
- > How can I simultaneously ease limitations with regard to staffing and funding?
- > What facts and figures can I use to make decisions based on the findings of empirical research and make successes visible?
- > How can I continuously strengthen and expand the social standards (the S in ESG) for my property, processes and organization?
- > Can I make my properties, processes and organizations more economical by improving health and wellbeing and so also provide a better quality of care for people?
- > How is my company positioned relative to competitors?

Do you already have answers to these questions? If not, we are happy to support you on projects involving new buildings as well as existing ones: We evaluate the wellbeing of your users, recommend a course of action and identify possible solutions.

We provide you with sound information as a basis for your decisions.

Our healthcare sector experts combine interdisciplinary expertise relating to real estate, process and organizational development with thorough knowledge of the area of health and wellbeing.

We meticulously evaluate the health and wellbeing of your users and employees using empirically-based methods. We define realistic and unambiguous goals together with you. In this way, we help you to achieve social as well as commercial success using a special health and wellbeing scoring system.



This is our step-by-step approach

- > Whether looking at real estate, a process or an organization: During an initial meeting we develop a matrix of your pain points following the initial discussion.
- > We work with you to define a realistic and unambiguous goal.
- > We select the scientific methods and evaluation models best suited to your projects.
- > Subjective survey tools, established subjective stress symptoms and objective quality analysis provide us with results that allow us to precisely measure the factors that influence health and wellbeing.
- > We evaluate the results by linking the data and creating a matrix.
- > You get a checklist for the quality of rooms, processes and organizations and a recommended course of action tailored to your needs to allow evidence-based decisions.
- > We provide close support for decision-making and management of your project and indicate potentials and shortcomings.
- > The aim is to ensure added value from your investment.
- > We follow up by re-evaluating outcomes to measure success. This provides a sound benchmark against which to measure progress.

The result? It feels good!

Our health and wellbeing consulting is designed to create a socially acceptable culture in both the company and the building environment. This culture has a positive effect on wellbeing – and ultimately also has an impact on patients' recovery process. The same applies for the staff, for whom an optimum working environment must be provided.

After our empirically-based consultation you will have ...

- > safety on which to base your decisions and to use for optimal matching of buildings and users – also with regard to later leasing.
- > a checklist for the quality for rooms, processes and organizations.
- > an overview of all levers with which you can improve the health and wellbeing of your users and employees.
- > satisfied users and healthy employees.
- > economically successful real estate, processes and organizations.
- > a clearly defined positive social component of your ESG criteria.
- > your Social Performance Indicator provides you with a fixed parameter for future internal and external benchmarks.

Some of the many possibilities offered by our Health and Wellbeing Consulting:



Sustainable and flexible design: Plants and parkland as well as lighting, acoustics and the use of natural materials have a positive effect on the health of users.



We are part of the ULI Health Leader Network. Together with 30 international experts from other companies, we are committed to promoting health, wellbeing and social equity

Your contact for an empirical evidence-based wellbeing-advice: healthcare@dreso.com

Drees & Sommer is your innovative partner for Consulting, Planning, Construction and Operation. As a leading European consulting, planning and project management company, Drees & Sommer has been supporting private and public sector clients and investors for over 50 years in all matters relating to real estate and infrastructure – both analog and digital. Through pioneering consulting, the company offers solutions that deliver successful buildings, high-yield portfolios, efficient infrastructure, and livable cities. Working in interdisciplinary teams, the company's 4,500-plus employees at 51 regional offices worldwide support clients from a wide range of industries. The Partner-managed company delivers all services on the understanding that economy and ecology must be combined. At Drees & Sommer, this holistic approach is called *the blue way*®.